

## Blessings to Prepare for Prayer

English	Hebrew
<b>Cover head with tallit:</b>	
Blessed are You, HASHEM, our G-d, King of the universe, Who has sanctified us with His commandments, and has commanded us to wrap ourselves in tzitzit.	<i>Baruch ata, HASHEM, Eloheinu, Melech ha'olam, asher kidshanu bemitzvotav vetzivanu l'hit-a-teif b'tzitzit.</i>
<b>Ready tefillin for tightening:</b>	
Blessed are You, HASHEM, our G-d, King of the universe, Who has sanctified us with His commandments, and has commanded us to put on tefillin.	<i>Baruch ata, HASHEM, Eloheinu, Melech ha'olam, asher kidshanu bemitzvotav vetzivanu lehani'ach tefillin.</i>
<b>Wrap 7 times and put on the head-tefillin:</b>	
Blessed are You, HASHEM, our G-d, King of the universe, Who has sanctified us with His commandments, and has commanded us regarding the commandment of tefillin.	<i>Baruch ata, HASHEM, Eloheinu, Melech ha'olam, asher kidshanu bemitzvotav vetzivanu al mitzvat tefillin.</i>
<b>Tighten head-tefillin:</b>	
Blessed is the Name of His glorious kingdom for all eternity.	<i>Baruch Shem kavod mal-chuto l'olam va-ed.</i>
<b>Wrap the fingers:</b>	
I will betroth you to Me forever, and I will betroth you to Me with righteousness, justice, kindness, and mercy. I will betroth you to Me with fidelity, and you shall know HASHEM.	<i>V'eiras'tich li l'olam, v'eiras'tich li b'tzedek, uv'mishpat, uv'chesed, uv'rachamim. V'eiras'tich li be-emunah, v'yada'at et HASHEM.</i>